



Large: For long and thick or curly hair



Mini: For shorter hair or hair that is long, but fine

FOR HELPFUL VIDEOS AND ADDITIONAL TIPS, PLEASE VISIT

WWW.SLEEPSTYLERTIPS.COM



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the **sleep** styler®

Simply Set, Sleep, Style

Curl Your Hair Without Damaging It



INSTRUCTIONS - LARGE ROLLERS

Get the most out of your Sleep Styler®
Heat-Free Roller Experience By Visiting

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Sleep Styler® Rollers will dry and style your hair while you sleep. Our rollers are made with super absorbent fabric that dries your hair while the memory foam inside ensures a comfortable night's sleep.

CARE & MAINTENANCE

IMPORTANT: Do not blowdry hair or use hot tools while product is in use. Keep product away from heat. Do not place or store rollers near heat source.

To wash fabric, remove the foam insert and hand or machine wash cold on gentle cycle. Tumble dry low or air dry on a towel. Spot clean foam if needed.
Fabric: 84% polyester, 16% nylon, Foam: 100% polyurethane.

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5 Hold the section of hair straight and parallel to the roller. If you like, spiral the last few inches of hair to create a pretty curl at the end.

6 Secure by wrapping the strap around the roller and fasten to the hook and loop strip along the base of the roller.



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STRAIGHTEN HAIR USING THE LARGE ROLLERS

- 1** Wash and condition your hair as you normally would. Towel and air dry hair until damp but not wet.



- 2** Apply styling product. You know your hair best. Apply the styling product you would typically use to straighten hair (Hair Oil/Serum, Leave-In Conditioner, Mousse, Anti-Frizz, etc).

- 3** Divide hair into sections, combing each one smooth as you add rollers in.



- 4** Place the roller against your head with the strap at the top. Ensure the strap is on top and facing forward as shown.



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SLEEP STYLER® TIPS

Practice makes perfect! Everyone's hair is different. Try experimenting with different dampness of hair and using a different number of rollers.

1. Allow hair to air dry until damp before applying rollers. If your hair is thicker, allow to air dry a little longer. We recommend your hair to be 80% dry.
2. For best results, apply a styling product such as Hair Oil/Serum, Leave-In Conditioner, Mousse, Anti-Frizz, etc. before using the Sleep Styler® Rollers.
3. Remove rollers and apply hair spray to hold the look.
4. You don't need to sleep in the rollers for best results, but we do recommend leaving them in until your hair is completely dry.

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SLEEP STYLER® - LARGE



- 1** Wash and condition your hair as you normally would. Towel and air dry hair until damp but not wet.

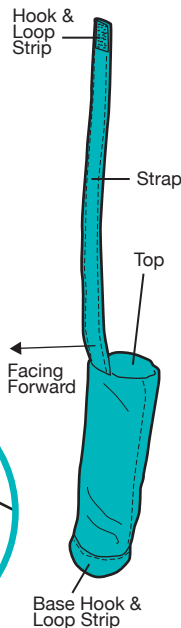
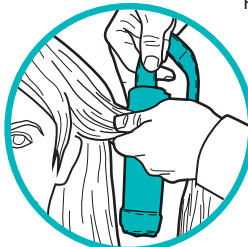


- 2** Apply styling product. You know your hair best. Apply the styling product you would typically use to hold curls (Hair Oil/Serum, Leave-In Conditioner, Mousse, Anti-Frizz, etc.).

- 3** Divide hair into sections, combing each one smooth as you add rollers in.



- 4** Place the roller against your head with the strap at the top. Ensure the strap is on top and facing forward as shown.



- 5** While holding the strap out of the way, wrap a section of hair below the strap and around the roller. Roll hair away from your face.

NOTE: The tighter you wrap, the tighter the curl.



- 6** To secure, position the roller so the strap is closest to your scalp. Wrap the strap around the roller in the opposite direction as your hair and fasten to the hook and loop strip along the base of the roller.



- 7** Now, get your beauty sleep! Wake up and slide the rollers out of your bouncy curls.



- 8** Apply a light hair spray to hold the look longer.

